

FLITTER DANCE

This is another dance with a slightly unclear history. It was danced at a feast held on the beach. The dance may have been used to extinguish the embers of the fire at the end of the bally-hoo.

The day on which it was performed was Good Friday after a tea of flitters and jacks (limpets and winkles).

♩ = 80

Staff A: Am Em Am G Bm G Em Am EmAm G AmEm Am

Staff B: Am D Am D Am C Am G Am D Am D Am G Em Am

Music **Movements**

A Couples dance with left arms extended and right hands joined often danced in processional form.

- A Shuffle stamp. Right-left-right, L-R-L, R-L-R, L-R.
then
L-R-L, R-L-R, L-R-L, R-L.

- B Women dance 4 side steps left passing in front of men who simultaneously dance 4 side steps right. Both partners give a single balance on the last step then return to places in 4 side steps with a single balance on the last.

Repeat as above except on return dance 2 side steps (slightly longer) and 2 stamps (men L-R) (women R-L) partners joining hands and men turning women into place.